

Room 1 - Week 3

Hello everyone. I hope you are all well and safe at home. I miss you all and our daily interactions. Hopefully we will be back soon to our routine. In the meantime I would like you to continue to learn at home with the help of your family.

I would like you to do the activities below:

SPHE:

- Can you look at the mirror and recognise your feelings? Are you happy or sad? *Parent: please model a happy and a sad face.*
- Turn taking activity: Please roll a small ball at the table and encourage your child to roll it back to you.
- Growing and changing: a new life

Show photos your child when he/she was a baby then a 5 year old and an actual photo.

Then watch this video to help to identify the parts of his/her body: <https://www.youtube.com/watch?v=SUt8q0EKbms>

- Dressing skills: please continue to support dressing and undressing skills at home.

Language and literacy

- Please continue to read the PowerPoint short story Core vocabulary for March/April. At least 3 days a week.

Note to parents: Show your child the picture and say the core word three times and then move on to the next one.

E.g. this is a horse. Horse. Horse.

If your child can engage longer you can add to the vocabulary. "The horse has a shiny coat." Or "Which animal is your favourite? The pig or the horse?"

- Watch the video on the link below and find the fluffier animal.

<https://www.youtube.com/watch?v=6JvrjiV3bh8>

- Relax with the beautiful sights of spring flowers in bloom and the sounds of blackbird, chaffinch, robin and other birds singing in the woods.

<https://www.youtube.com/watch?v=H1iboKia3AQ>

Please check the link Core vocabulary

Writing

- Download the free App(goolge play or Apple store) Art of Glow - draw using various shapes that glow the colours of the rainbow -

Maths

Money: In order to understand that money can be used to buy things there are few steps to reinforce:

- Look at and hold a variety of coins.
- Look at a variety of coins: look at their colours.
- Look at and feel the front/ back/edges (Close supervision is required when using coins.
- Attend to and participate in the exchange of money for goods in functional and play contexts: Play shop at home: 2 or 3 items.
- Watch the video below about how to earn money

<https://www.youtube.com/watch?v=XHwcbRjWEds>

SESE

It's a new month and we have a new colour to indentify and explore: **Yellow** but don't forget about the colour **green**.

- Listen to the songs below about the months of the year and the days of the week:

<https://www.youtube.com/watch?v=5enDRrWyXaw>

<https://www.youtube.com/watch?v=36n93jvjkDs>

- What day is today? Is there anything special you do on Mondays? And the other days of the week?
- Listen to the song and identify the colours yellow and green and try to use the Lamh signs for them:

<https://www.youtube.com/watch?v=mr-VFbrnGs4>

rse

Can you watch this video and point to 5 body parts?

<https://www.youtube.com/watch?v=KjQcnlkkP7Y>

1. Head
2. Arms
3. Hands
4. Foot
5. Legs

- The girl in the video feels sick and she has a sore throat. Watch the video and point to your throat.

<https://www.youtube.com/watch?v=iQLp-P5nA60>

- Watch the video and try to touch all the body parts you saw in the video in your body:

<https://www.youtube.com/watch?v=5xZYFPJ0fps>

Visual arts

The Apps below are free and great for sensory art. I would like you to try two of the or as many as you find helpful.

- Glow Draw - the writing glows as you draw - fine motor, practice spellings or just relaxing.
- Draw Stars! - Relaxing - stars appear as you draw your finger along the screen.
- Fluid Dynamics- relaxing - watch as your drawing melts away.
- Finger-paint - whiteboard with 6 colours to paint a picture.
- Sensory Just Touch - very alerting for sensory seekers - very visual .

Have a great week!

Katia

Week 3

Welcome back after the Easter Break. I hope you are all keeping safe and well.

Online resources link is below from the NCSE to support your child with speech and language and occupational therapy, more resources will be added in the coming days.

<https://ncse.ie/online-resources>

Language and Communication

Continue to work on using the Grace App especially during meal times and when your child would like to do a preferred activity encourage them to use the Grace App/Storyboard app. Add some new pictures of activities that they have been enjoying and encourage them to use the app to ask for them.

The lamh signs we are working on this month are **open** and **closed**, encourage your child to use these signs throughout the day. You can model them for your child.

With children and families staying home amid the pandemic, Lámh is offering free and open access to Lámh Signs Online until May 31st 2020. This resource has videos of all 580+ Lámh signs, including timely signs like Wash Hands, Space, Hot, Clean, and Doctor.

1. Go to www.lamhsigns.org
2. Click on Apply for Membership
3. Enter the code lovelamh
4. Fill in your name and email
5. Check your emails to get the link to create your own password
6. Login and see all signs

This month we are continuing our theme of animals - **cat, dog, bird, cow, sheep, pig, chicken, horse**. Encourage your child to sing or do lamh sign for the animals. If you have some farm animals at home you can use these too, see can your child point to or show you the animals. Sing the song Old Mc Donald and demonstrate the Lamh sign for each animal. See PowerPoint “Animals” that we have created. The students can click the picture and hear the audio of the word.

Receptiveness to Language

The prepositions of the month are **inside** and **outside**.

<https://www.twinkl.ie/resource/ui-1-6-teddy-prepositions-powerpoint>

Practice putting a teddy in and out of a box emphasising the language inside and outside. Ask the student to participate. Could make this a fun game and ask siblings/another adult to participate too.

To show the time passing we use a different smell jar for each day. Monday: coffee Tuesday: vanilla Wednesday: Lemon Thursday: Mint Friday: Lavender. You can try this with any scents. We keep these scents the same each week.

Sing/Play Days of the week song

<https://www.youtube.com/watch?v=loINI3Ln6Ck>

Story for this month

What's inside the bucket? Attention Autism Sessions

We hope that you have been enjoying doing the Attention Autism sessions with your son or daughter. If you haven't started yet it's never too late. Below is a link from Gina Davies again who explains how you can carry out this session if you wish to do so

<https://www.youtube.com/watch?v=hkrjx1uAF5w>

Here are some examples you could copy yourself or if you prefer you can play the video to your child. Don't worry if it takes a few sessions before you see your child really engaging. It's worth it when you do.

<https://www.youtube.com/watch?v=9PGq1q0JAWk> spring

<https://www.youtube.com/watch?v=Sl2E6i6BWrI> Coughing

<https://www.youtube.com/watch?v=tmwGQV5adnI> Using items you may have in your house.

Reading

Our story this month is Goldilocks and the Three Bears. The students engage with the story more when delivered with a sensory approach. A great way of doing this is outlined clearly in the following link.

https://content.twinkl.co.uk/resource/25/b6/T-S-122-Goldilocks-and-the-Three-Bears-Sensory-Story_ver_1.pdf?__token__=exp=1585688820~acl=%2Fresource%2F25%2Fb6%2FT-S-122-Goldilocks-and-the-Three-Bears-Sensory-Story_ver_1.pdf%2A~hmac=9d434c1f8db126c5a642f06080a049d0e05cfc607144cdecf6c56b3c08153cf2

Writing

Participate in drawing with finger with water on blackboard, black card. Make lines in sand. Draw with finger in shaving foam.

SPHE

Encourage and continue with independent living skills

Brushing their hair

Encourage your child to pick up their hair brush (with or without hand over hand support)

Try to get them to look in the direction of the mirror. If they need increased sensory input to engage them you could place a torch, light above the mirror in the direction you would like them to look. It may enhance their engagement in the activity.



Pupils should continue to practice washing their hands

SESE

History

Exploring Change. Read this social story with your child to explain to them that while there are many changes in their lives at the moment things will go back to normal for them soon.

<https://asiam.ie/social-story-covid-19-lockdown/>

Geography

Discuss the weather with your child. In class we have created sensory weather for your child; you can try this at home. Use water in a spray bottle to indicate rain, cotton wool glued to card for clouds, use a homemade paper fan to indicate the wind and a torch on card to indicate the sun.

Students could help to make their own weather sensory bottles

https://content.twinkl.co.uk/resource/25/a4/t-a-172-weather-sensory-bottle_ver_1.pdf?_token__=exp=1585692267~acl=%2Fresource%2F25%2Fa4%2Ft-a-172-weather-sensory-bottle_ver_1.pdf%2A~hmac=248cf9d2b16ba1af83ba80085d016594a2820b5c98f5b7623f04db5e53b10452

Science

Energy and Forces. Discover items that can sink or float. Set up some experiments for the students to explore. For example an orange with and without peel or the floating raisin experiment.

<https://www.twinkl.ie/resource/t-t-2547910-ks1-dancing-raisin-science-experiment>

Maths

Colour of the month is Yellow. Please see link re Lamh signs to get a demonstration of the Lamh sign.

Introduce the colour. Try this presentation.

<https://www.twinkl.ie/resource/t-t-15812-what-is-yellow-colour-powerpoint>

Identify yellow objects in the house or garden

Continue to do single insert puzzles

Visual Arts

Painting on tin foil. Using bright coloured paint or shaving foam mixed with food dye create a piece of art work exploring the different textures.

Sensology workout

Sensology Workout	
Picnic	
Introduction and Hello session Play music of choice and clap. Hold up photo, mirror or name card to each student as you welcome them with Hello song.	
I have a body!	
Rock and Stop Rocking from side to side chanting - "rock and rock and rock and stop". Repeat four times.	
Patting under arms From arm pit to elbow, elbow to wrist. 2 times on each side.	
Squeezing shoulders Squeeze shoulders. Two times on each side.	
I have eyes - sunglasses and yellow light Indicate where the eyes are. Touch the cheek to alert to the activity. Tracking with the light - side to side slowly and then quickly. Tracking up and down.	
I have ears - Big Mac - birds singing Indicate where the ears are BigMac behind each student from one ear to the other and back again. In front of the face, working in front, move from one side to another.	
I have a mouth - juice Everyone have a taste! Here is some fruit juice. If possible, put a little fruit juice on the tongue and some on the lips to encourage mouth movement.	
I have a nose - grass Offer scent - one scent to both nostrils at the same time.	
I have skin to touch - picnic blanket Feel with one hand/foot Then feel with the other hand/foot Feel with both together Cross hands/feet over midline where appropriate Place blanket on palm of hand/sole of foot, move along from heel to tip Turn hand/foot over and repeat on back of hand/top of foot.	
Hug and tug Hug and tug fingers gently, starting with index finger and ending with thumb Repeat with other hand	
Celebrate the end of the workout with music and clapping	